

2012 Boutique Mountaineering Camp / Carbonate Range, Purcell Mountains

PRICE: \$1695.00 INCLUDING ALL APPLICABLE TAXES

- 3: August Week 1: July 22nd – 29th
- Week 2: July 29th – August 5th
- Week 19th – 26th

I am pleased to announce the location of first-ever Boutique Mountaineering Camp! Please join us in the remote Carbonate Range of the Purcell Mountains - an exceptionally secluded spot in a majestic setting.

AREA DETAILS: We'll have a spectacular campsite nestled nicely beside a small alpine tarn. Basecamp will be situated between the Spillimacheen group to the north and the Carbonate Group to the southeast. *Malachite Spire (2699m), Horseman Spire (3035m), International Mtn (3099m), Cairn Peak (2655m), Carbonate Mt (2699m) and Battlemount Mt. (2909m) are all peaks that will be objectives to the southeast. Mt Sibbald (2699m), Strutt Pk. (2716m) and Sandlands Pk. (2736m) are located right above the basecamp and will be excellent short-day options. David Peak (2869m), Cony Peak (2864m) and Twin Towers Peak (2864m) are in the Spillimacheen group and are accessible from our basecamp.*

BMC DETAILS - This summer's BMC is tailored to fit a wide range of abilities, fitness level and exploring interests. The Carbonate area offers a variety of objectives including everything from glacier, ice, scrambling to technical climbing. Depending on demand, introductory and intermediate skill reviews/workshops may be offered on snow, rock and ice. There are also wonderful opportunities to hike in the area. If you are not a hard-core climber, but love to do some exploring in a mountain environment, this camp could also be the place for you.

CAMP FEES - The camp will operate on a seven day, Sunday to Sunday, basis. Your camp fees will cover private tent accommodation, guiding and instruction in all disciplines, sumptuous meals and all group climbing equipment. It will also cover transport of food, camping gear and your larger dunnage

WHO CAN PARTICIPATE - we welcome anybody who has interest in exploring in a mountaineering environment while enjoying the comfort of a deluxe basecamp. All our camp equipment, along with the participants' personal gear and climbing equipment will be flown in by helicopter. Once in camp, participants will be tended to by our friendly, capable and professional staff. I am very excited to be able to offer you the opportunity to experience the Carbonate range in the comfort and exclusivity of the newly-minted Boutique Mountain Camp format. The area offers numerous objectives in close proximity to our basecamp. The routes vary from walk-ups to cool, technical routes. Our low client - guide ratio, 2-3 clients per guide/leader, will allow us a lot of flexibility with climbing objectives. Our rope teams will be small, not the cumbersome freight trains some of you may be familiar with. As well, if we run into a patch of poor weather there are many wonderful, hiking opportunities. Depending on demand we will also offer snow, rock and ice schools during the week.

The Carbonate area is one of those best kept secrets in the climbing world with numerous climbing opportunities and a wide range of objectives. Don't miss out, contact us today to register!

ACCESS – The BMC will be based out of Golden, BC. Participants will drive 1.5 - 2 hours to the helicopter staging area near Silent Pass in McMurdo Ck. From there, you will have the option to hike, traveling light with your daypack only, into the basecamp. If you chose to fly into the camp, there will be a surcharge of \$150.00/person, roundtrip. There may also be an opportunity to park your vehicle in Golden and ride in the comfort of an air conditioning bus/van for a very reasonable fee. Taking advantage of this ride will save much wear and tear on your vehicle, eliminate the annoying practice of putting up chicken wire to protect your vehicle. Relax before your long drive home.

RENDEZVOUS FOR THE CAMP - Incoming participants will meet at the Kicking Horse River Lodge, 801-9th Street, N. Phone number is 250-439-1112. Breakfast is not included, but hearty, reasonable priced breakfasts are available in the Bugaboo Café. All participants and staff will meet at the Café on the Sunday morning of your week at 07:00 a.m. The group will leave the Café at 07:30. Just a reminder that all times are Mountain Daylight.

TRANSPORTATION - Golden is located 3 - 4 hours from Calgary which has an international airport. Once in Calgary, follow the Trans-Canada Highway directly to Golden. The Greyhound also runs approximately 5 times a day between Calgary and Golden. Schedules can be found at www.greyhound.ca.

ACCOMMODATION – accommodation is available at the Kicking Horse River Lodge, 801-9th St. N, 250-439-1112 in Golden. Their website is www.khrl.com.

Check out the following website for accommodation in the Golden area, www.go2rockies.com/businesses/accommodation3.htm.

There are also 2 campgrounds in Golden. Phone the Golden Municipal Campground at 250-344-5412 or the Whispering Spruce Campground at 250-344-6680.

RETURN FROM CAMP

Baggage will normally be airlifted to the parking area by noon, but you need to allow for the possibility of a delay of several hours or more when planning your post camp travel. It's best if you don't schedule any flights on Sunday evening but if absolutely necessary you do have the opportunity to hike out of camp and we will ship your large dunnage to you at a later date.

EMERGENCIES

If you need to be reached because of an emergency while you are in the camp, your family (etc.) should contact the base camp voice mail at **604-970-7382**. This voice mail is checked each evening. Please note that this voice mail should be used IN CASE OF EMERGENCY ONLY.

MEDICAL

We will have fully trained first aid staff at the camp at all times. Participants with any ongoing medical problems should see their own personal doctor prior to arriving at camp. Please relay any pertinent information when completing the Colwest Medical/Contact Information form. We require that anyone who discloses a serious medical condition provide a note from their doctor, stating that they are fit enough to attend the camp.

Mountaineering is a strenuous activity. It will be to your advantage and enhance your camp experience if you have time to do a bit of training prior to attending the camp.

You must bring your own prescription medications and a personal first aid kit. The most common medical problems at camp can be prevented; they include:

BLISTERS - these are often the result of a lack of conditioning prior to the camp, and can ruin several days of activity. Blisters can usually be prevented by simply knowing your feet and your footwear. Boots should fit properly, be comfortable and be well broken-in.

SUNBURN - is common but avoidable by using an effective UV sun-blocking product. A sunscreen with a Sun Protection Factor (SPF) of 30 or more is suggested, as this region has a lot of snow and ice, which strongly reflects the sun's rays.

MAPS and GUIDEBOOKS

Map References: Argonaut Mtn, 82M/16 (grid reference 209489)

Climbing Guide: *The Columbia Mountains of Canada - Central*, Fox et al.
The Northern Selkirks - David Jones

General Interest

Putnam, W. (1990) *Place Names of the Canadian Alps*. Footprint Publishing
Cox, SM & C Fulsaa (2003) *The Freedom of the Hills*. Mountaineers Books

Maps and photos of the Carbonate area will be available for viewing at www.colwest.ca. Maps will be available for purchase at the camp at a discounted price.

If you've previously attended an Alpine Club of Canada's GMC in the past, you already know how rewarding a trip into the mountains can be. We are offering you an opportunity to experience that same satisfaction in a more intimate setting.

To register for the camp or if you need general information please don't hesitate to contact Brad Harrison at colwest@shaw.ca or 250-374-6049

EQUIPMENT LIST

Please arrive with all of your equipment in good working order and well-fitted, although we can take care of some minor repairs

IMPORTANT PERSONAL EQUIPMENT - DON'T FORGET LUNCH ON SUNDAY

- Climbing Pack - 30 - 40 liters, well-fitted, sufficient to carry climbing gear/spare clothing/lunch.
- Water Bottle - 1 liter, with a tight lid (2 liter optional)
- Sunscreen - SPF 30 or more recommended, don't forget lip protection
- Insect Repellent - get the good stuff.
- First Aid Kit - personal stuff, things that you will need.
- Sleeping Bag - should be good to - 10 Celsius
- Mattress - make sure it's comfy, you will be there for a week
- Headlamp - with spare batteries and bulb.
- Duffel Bag - waterproof and durable.
- Underwear - one lightweight and heavier setup, merino wool is great
- Shirts - two long sleeved (knit synthetic, wool or flannel)
- Sweaters - two (fleece, wool or down)
- Jacket - 1 Goretex type and 1 softshell. Avoid nylon products
- Hands - 1 pair of liner gloves, 1 mid-weight and 1 pair of mitts or gloves.
- Pants - 1 pair durable, and non-restrictive; fleece, stretch knit synthetics, Schoeller wool. 1 pair Goretex or other like material
- Rain Gear - jacket, suit or poncho
- Climbing Boots - sturdy, supportive, suitable for rock and snow and suitable for attachment of YOUR crampons.
- Footwear - hiking boots, sandals or other comfortable camp shoes.
- Toiletries - towel, washcloth, soap, mirror, razor, personal medication and hygiene items. TP for the hike in.
- Hat - baseball cap or Tilley type, don't forget your toque
- Clothes - couple of t-shirts, down vest, shorts, bug shirt

ESSENTIAL CLIMBING EQUIPMENT

NOTE: All of the following must be CE or UIAA approved and in good repair

- Mountaineering crampons with front points (Insure they fit the boots you're bringing with you and are in good condition) **Anti-bot plates are mandatory.**
- Climbing helmet
- Climbing harness (Ensure that your harness is current and in good shape)
- Mountaineering ice axe - size for general mountaineering (not too short)
- Two locking carabineers - at least one Munter (pear shape)
- Two non-locking carabineers
- 1" nylon webbing - 3 meters long
- One Prusik cord - 1.5 meter (5') long, 7 mm diameter (recommend Beal)
- One Prusik cord - 5 meters (16.5') long, 7 mm diameter (recommend Beal)
- Belay/Rappel device
- One ice screw
- Ski pole(s) - for hiking and approaches, best if you can collapse them.

OPTIONAL EQUIPMENT

- o Compass / Altimeter / GPS
- o Umbrella - pocket size, for around camp in the event of rain
- o Ear plugs
- o Camera
- o Spare eye glasses
- o Reading/writing material
- o Small personal amount of liquor / treats, if desired
- o Rock Shoes
- o Technical Ice Axe

NOTES TO SELF: