

Avalanche Skills Training

The Canadian Avalanche Association “Avalanche Skills Training” (AST) course is a comprehensive program consisting of 6 hours of class time spread over 2 nights & 2 – 8 hour field days for a total of 22 hours of direct instruction.

The course focuses on understanding, recognizing & avoiding avalanche hazards. We focus on terrain evaluation, snow pack structure, weather, safe route finding & avalanche rescue techniques.

Location

The 2 classroom sessions begin at 7:00pm - meeting place at Thompson Rivers University or a location convenient to the student group. We also have a wrap up session after the final field day.

Field days will be held at locations as convenient as possible for student groups while balancing appropriate terrain with current snow and weather conditions.

Prerequisites

Basic skiing, snow boarding or snowshoeing ability. Touring equipment or snow shoes required. No previous avalanche experience is required. We will provide all the necessary snow safety equipment, no need for you to rent.

\$250 Course Fee Includes

- 22 hrs of Direct Instruction
- 6:1 student - instructor ratio
- All manuals and textbooks as required by the CAA - CAC including the Avaluator
- Industry Recognized certificate of completion
- Use of the following safety equipment

Your Instructors

..together over 30 years of guiding and work in the avalanche industry.....

Brad Harrison

- CAA Professional Member
- Director - Training and Leadership, Alpine Club of Canada
- Chair - InfoEx Advisory Group

Terry Palechuk

- ACMG Ski Guide
- Instructor - Adventure Guide Program, TRU
- CAA Professional Member

Course Dates

- #1 December 10, 11 (classroom), Dec 12, 13 (field)
- #2 December 17, 18 (classroom), Dec 19, 20 (field)
- #3 February 11, 12 (classroom), Feb 13, 14, (field)
- #4 March 25, 26 (classroom), March 27, 28 (field)

Visit www.colwest.ca for more information

- *Flexible scheduling for private groups
- *Custom courses available: Intro to Backcountry Travel
- *Curriculum allows students easy progress into the CAA AST Level 2 Program

Booking or Questions:

Brad Harrison: 604-970-7382 ph or at colwest@shaw.ca

Terry Palechuk: 250-573-4697 or at threetoski@shaw.ca

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